




2017

Creative

World of Learning - Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
			1 WG Cheese Pizza Baby Carrots* Ranch Dressing Banana Slices Milk	2 Grilled Chicken Bites WG Wrap Peas Apple Slices^ with Dip Milk
5 WG Cheese Quesadilla Romaine Ribbons & Spinach Salad** Picante Diced Pears Milk	6 String Cheese & Greek WW Rotini Pasta Salad with Marinated Diced Carrots & Peas Diced Watermelon & Milk	7 BBQ Chicken Sliders WW Flat Round Mixed Vegetables Tropical Fruit Mix & Vanilla Yogurt Milk	8 Turkey Burger Enriched Bun Broccoli with Shredded Cheese Pineapple Tidbits Milk C.A.	9 Vegetable Sausage Patty EW French Toast Cauliflower Lite Maple Syrup Mandarin Oranges & Banana Slices & Milk
12 Lazy Lasagna with Beef & WW Rotini Pasta Romaine Ribbons & Spinach Salad*** Diced Peaches Milk	13 Bean Taco Bake WG Wrap Shredded Cheese & Picante Mixed Vegetables Banana Slices Milk C.A.	14 Grilled Chicken Bites WW Rotini Pasta with Diced Carrots & Cucumbers^^^ In a hint of Ranch Diced Watermelon & Milk	15 WG Cheese Pizza Cucumber Slices^^ Ranch Dressing Mixed Fruit Milk	16 Chicken Burrito Bowl with Brown Rice Shredded Cheese & Picante Romaine Ribbons**** Applesauce Milk
19 Hamburger Enriched Bun Cauliflower Shredded Cheese Diced Pears Milk	20 Beef Sloppy Joe WW Flat Round Green Beans Apple Slices^ with Vanilla Yogurt Milk	21 Chicken Stir Fry with Not So Fried Brown Rice Peas & Diced Carrots Pineapple Tidbits Milk	22 WG Bean & Cheese Burrito Baby Carrots* Ranch Dressing Applesauce Milk	23 Vegetable Sausage Patty WW Sicilian Rotini Pasta Mixed Vegetables Diced Watermelon Milk
26 Turkey, Ham & Cheese EW Pita Cucumber Slices^^ Ranch Dressing Banana Slices Milk	27 WG Macaroni & Cheese Broccoli Diced Watermelon Milk	28 Chicken Soft Taco WG Wrap Southwest Salad** With Romaine Ribbons, Spinach & Black Beans Applesauce & Milk	29 WG Cheese Pizza Baby Carrots* Ranch Dressing Tropical Fruit Mix Milk	30 Grilled Chicken Bites WG Wrap Peas Apple Slices^ with Dip Milk

News

WG = Whole Grain
WW = Whole Wheat
EW = Enriched Wheat

C.A. - Child Assembled

For Our Early Eaters and Toddlers (under 24 months) The foods are cut into smaller pieces.

* Early Eaters - Cooked & Diced

^Early Eaters - Peeled, Diced & Cooked to Soften

Toddlers - Cooked to Soften

**Early Eaters - Peas

*** Early Eaters - Cooked Diced Carrots

****Early Eaters - Cooked Broccoli

^^Early Eaters -Green Beans

^^^Early Eaters & Toddlers - Just Diced Carrots in Pasta

USDA Meal Pattern Requirements

Lunch	age		
	1 to 3	3 to 6	6 to 12
Milk - Fluid	½ cup	¾ cup	1 cup
Meat -Alternate	1 oz.	1 ½ oz.	2 oz.
Bread - Alternate	½ slice	½ slice	1 slice
Vegetable/Fruit 2 servings to total	¼ cup	¼ cup	¼ cup